

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
 Authentic
 Italian

TUESDAY
 Family
 Faves

WEDNESDAY
 Baking
 British

THURSDAY
 Food
 Festival

FRIDAY
 Fun
 Day



Beef Bolognese
 With Wholegrain
 Penne Pasta, Garlic Bread
 & Green Salad

Cowboy Pie
 Mash topped Sausage &
 Bean Pie
 with Carrots

**Roast Chicken Sage &
 Onion Stuffing**
 Crispy Roasties &
 Fresh Veggies &
 Gravy

**Mild Chilli Beef & Cheese
 Homemade Nachos**
 Oven Baked Potato
 Wedges & Sweetcorn

**Golden Fish
 Fingers (MSC)**
 Choose Salmon or Pollock,
 Chips & Baked Beans



Veggie Bolognese
 With Wholegrain Penne
 Pasta, Garlic Bread &
 Green Salad

Veggie Cowboy Pie
 Mash topped Veggie
 Sausage & Bean Pie
 with Carrots

**Cheese, Veg & Spinach
 Puff Pastry Roll**
 Crispy Roasties &
 Fresh Veggies & Gravy

**Cheese & Veggie
 Homemade Nachos**
 Oven Baked Potato
 Wedges & Sweetcorn

**Crispy Bean &
 Vegetable Fingers**
 Chips



Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Toffee Apple Slices
 topped with
 Vanilla Ice Cream

**Crispy Chocolate Cornflake
 Cakes**

Golden Syrup Sponge

**Pineapple Upside Down
 Cake**

**Chewy
 Flapjack**

**FOOD
 FESTIVAL**
 By Aspens

**AVAILABLE
 EVERY DAY**



Homemade Bread, Salad,
 Choice of Fresh Fruit & Yoghurt



**Week
 One**

Autumn / Winter 2022 / 23
12/9, 3/10, 24/10, 14/11,
5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY
Authentic
Italian

TUESDAY
Family
Faves

WEDNESDAY
Backing
British

THURSDAY
Food
Festival

FRIDAY
Fun
Day



The Main
Event



Meat Free
Magic



Pasta
Stop



Jacket
Bar



Packed
Lunch
Station



Dessert
Stop

Meat Free Monday!

Choose either our tasty
Margherita Pizza or our
Veggie Supreme

Served with
Pasta Salad &
Mixed Crudites

Classic Beef Burger

in a Bun with Oven Baked
Wedges & Garden Peas

Super Veggie Burger

in a Bun with Oven Baked
Wedges & Garden Peas

Roast Chicken Sage & Onion Stuffing

Crispy Roasties &
Fresh Veggies &
Gravy

Veggie Sausage & Root Veg Traybake

Crispy Roasties, Fresh
Veggies & Gravy

Not So Spicy Chicken Tikka Masala

Wholegrain Rice,
Turmeric Carrots & Peas

Creamy Vegetable Korma

With Wholegrain Rice,
Turmeric Carrots & Peas

Golden Fish Fingers (MSC)

Choose Salmon or Pollock,
Chips & Baked Beans

Crispy Bean & Vegetable Fingers

Chips

Hot Tomato Pasta
with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
Choice of Tasty Toppings

Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Jelly
& Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy
Vanilla Cookie

**FOOD
FESTIVAL**
By Aspens

AVAILABLE
EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



**Week
Two**

Autumn / Winter 2022 / 23
19/9, 10/10, 31/10, 21/11,
12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY

Authentic
Italian

TUESDAY

Family
Faves

WEDNESDAY

Baking
British

THURSDAY

Food
Festival

FRIDAY

Fun
Day



The Main
Event



Meat Free
Magic



Pasta
Stop



Jacket
Bar



Packed
Lunch
Station



Dessert
Stop

**Cheese & Tomato Pizza
Melt Baguette**
with Wholegrain Pasta &
Sweetcorn Salad

**Tomato & Mozzarella
Gnocchi Traybake**
with Wholegrain Pasta &
Sweetcorn Salad

Toad in the Hole
with Creamy Mash, Green
Beans & Gravy

Quorn Toad in the Hole
with Creamy Mash, Green
Beans & Gravy

**Roast Chicken & Sage &
Onion Stuffing**
with Crispy Roasties & Fresh
Veggies & Gravy

Quorn Roast
with Crispy Roasties, Fresh
Veggies
& Gravy

**Homemade Chicken
Nuggets**
with Oven Baked Wedges &
Broccoli

**Crunchy Topped
Macaroni Cheese**
with Oven Baked Wedges &
Broccoli

**Golden Fish
Fingers (MSC)**
Choose Salmon or Pollock,
Chips & Baked Beans

**Baked Beans &
Vegetable Fingers**
Chips

Hot Tomato Pasta
with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
Choice of Tasty Toppings

Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Sticky Banana Pudding

Chocolate
Oat Cake

Vanilla Sprinkle Sponge

Apple
Crumble

Shortbread

**FOOD
FESTIVAL**
By Aspens

AVAILABLE
EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



Week
Three